



30001

**English Muffin, Plain, Clean,
Forksplitted, 12/6 Packs, 72/2 oz**
Burry



GTIN	Item #	Units/Case	Gross Case Wt. (lbs)	Net Case Wt. (lbs)	Case Length (in.)	Case Width (in.)	Case Height (in.)	Case Cube	Pallet Ti/Hi	Cases/ Pallet
10823056300019			9.80	9.00	15.25	11.25	8.25			
UPC	30001	72	Gross Unit Wt. (oz)	Net Unit Wt. (oz)	Unit Length (in.)	Unit Width (in.)	Unit Height (in.)	0.74	10 x 9	90
N/A			2.00	N/A	3.50	3.50	1.00			

Kosher Symbol: K of K
Ambient Shelf Life: 6
(days in package)
Frozen Shelf Life: 15
(months)
Storage: Frozen at 0 to -10 F
Case Code Designation: Julian
Unit Code Designation: N/A
Country of Origin: USA

Ingredient Statement

INGREDIENTS: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Degerminated Yellow Corn Meal, Degerminated Yellow Corn Flour, Contains Less Than 2% Of Each Of The Following: Cultured Wheat Flour, Sugar, Salt, Vinegar, Soybean Oil, Wheat Flour, Ascorbic Acid (Dough Conditioner), Enzymes.
CONTAINS: Soy, Wheat.
FACILITY STATEMENT: Processed In A Facility That Also Processes Eggs & Milk.

Product Features: Clean Ingredient Label, Forksplitted, No HFCS, Nut Free, Low Fat, 0g Trans Fat, Cholesterol Free, Excellent Source of Folate, Good Source of Iron, Niacin, Riboflavin, Thiamin.
Preparation Instructions: Thaw and Serve.
oz Equivalents: 2
(based on baked wt.)
Grams of Whole Grain: N/A

Date: 04/02/2020

Nutrition Facts	
6 servings per container	
Serving size	1 Muffin (57g)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 30g	11%
Dietary Fiber 1g	4%
Total Sugars less than 1g	
Includes less than 1g Added Sugars	1%
Protein 5g	
Vitamin D 1mcg	4%
Calcium 80mg	6%
Iron 1.6mg	10%
Potassium 60mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Quality Bakeries LLC, dba Burry® Foods
 1750 E. Main St, Suite 280, St. Charles, IL 60174
 (800) 774-4406 • www.BurryFoods.com



30001
English Muffin, Plain, Clean,
Forksplit, 12/6 Packs, 72/2 oz
Burry

100g Analysis

per 100g

Calories (kcal)	256.63
Total Fat (g)	1.96
Saturated Fat (g)	0.30
Trans Fat (g)	0.01
Polyunsaturated Fat (g)	1.25
Monounsaturated Fat (g)	0.41
Cholesterol (mg)	0
Sodium (mg)	315.39
Total Carbohydrate (g)	52.81
Dietary Fiber (g)	2.02
Sugars (g)	1.61
Added Sugars (g)	1.29
Protein (g)	8.53
Vitamin D (mcg)	1.69
Calcium (mg)	147.21
Iron (mg)	2.86
Potassium (mg)	109.93
Thiamin (mg)	0.40
Riboflavin (mg)	0.25
Niacin (mg)	3.29
Folate DFE (mcg)	195.96
Folic Acid (mcg)	93.37

Date: 04/02/2020

Quality Bakeries LLC, dba Burry® Foods
1750 E. Main St, Suite 280, St. Charles, IL 60174
(800) 774-4406 • www.BurryFoods.com