



30003

English Muffin, 100% Whole Wheat, Clean, Forksplit, 12/6 Packs, 72/2 oz *Burry*



GTIN	Item #	Units/Case	Gross Case Wt. (lbs)	Net Case Wt. (lbs)	Case Length (in.)	Case Width (in.)	Case Height (in.)	Case Cube	Pallet Ti/Hi	Cases/ Pallet
10823056300033			9.80	9.00	15.25	11.25	8.25			
UPC	30003	72	Gross Unit Wt. (oz)	Net Unit Wt. (oz)	Unit Length (in.)	Unit Width (in.)	Unit Height (in.)	0.74	10 x 9	90
N/A			2.00	N/A	3.50	3.50	1.00			

Kosher Symbol: K of K

Ambient Shelf Life: 6
(days in package)

Frozen Shelf Life: 15
(months)

Storage: Frozen at 0 to -10 F

Case Code Designation: Julian

Unit Code Designation: N/A

Country of Origin: USA

Ingredient Statement

INGREDIENTS: Whole Wheat Flour, Water, Yeast, Degerminated Yellow Corn Meal, Degerminated Yellow Corn Flour, Wheat Gluten, Contains Less Than 2% Of Each Of The Following: Sugar, Cultured Wheat Flour, Soybean Oil, Salt, Vinegar, Citric Acid, Wheat Flour, Enzymes, Ascorbic Acid (Dough Conditioner), Calcium Citrate.

CONTAINS: Soy, Wheat.

FACILITY STATEMENT: Processed In A Facility That Also Processes Eggs & Milk.

Product Features: Clean Ingredient Label, Forksplit, 100% Whole Wheat, No HFCS, Nut Free, Low Fat, 0g Trans Fat, Cholesterol Free, 28g of Whole Grains Per Serving, Good Source of Fiber and Thiamin.

Preparation Instructions: Thaw and Serve.

oz Equivalents: 2
(based on baked wt.)

Grams of Whole Grain: 28

Date: 02/17/2020

Nutrition Facts

6 servings per container

Serving size 1 Muffin (61g)

Amount per serving

Calories 120

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 150mg **7%**

Total Carbohydrate 25g **9%**

Dietary Fiber 3g **12%**

Total Sugars less than 1g

Includes less than 1g Added Sugars **1%**

Protein 6g

Vitamin D 0.9mcg **4%**

Calcium 70mg **6%**

Iron 1.2mg **6%**

Potassium 130mg **2%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Quality Bakeries LLC, dba Burry® Foods
1750 E. Main St, Suite 260, St. Charles, IL 60174
(800) 774-4406 • www.BurryFoods.com



30003
English Muffin, 100% Whole Wheat,
Clean, Forksplit, 12/6 Packs, 72/2 oz
Burry

100g Analysis

per 100g

Calories (kcal)	199.52
Total Fat (g)	2.16
Saturated Fat (g)	0.36
Trans Fat (g)	0.02
Polyunsaturated Fat (g)	1.33
Monounsaturated Fat (g)	0.45
Cholesterol (mg)	0
Sodium (mg)	253.57
Total Carbohydrate (g)	40.27
Dietary Fiber (g)	5.45
Sugars (g)	1.49
Added Sugars (g)	1.15
Protein (g)	9.53
Vitamin D (mcg)	1.50
Calcium (mg)	119.28
Iron (mg)	1.92
Potassium (mg)	212.44
Thiamin (mg)	0.24
Riboflavin (mg)	0.08
Niacin (mg)	2.35
Folate DFE (mcg)	39.85
Folic Acid (mcg)	0

Date: 02/17/2020

Quality Bakeries LLC, dba Burry® Foods
1750 E. Main St, Suite 280, St. Charles, IL 60174
(800) 774-4406 • www.BurryFoods.com



30003

English Muffin, 100% Whole Wheat,
Clean, Forksplit, 12/6 Packs, 72/2 oz
Burry

Product Formulation Statement

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion ¹ A	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) ² B	Creditable Amount
Whole Wheat Flour	28	16	1.75
Total Creditable Amount ³			1.75

I certify that the above information is true and correct and that a 2.16 ounce portion of this product (ready for serving) provides 1.75 oz Grain Equivalents. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Patrick Shay
Signature
Patrick Shay
Printed Name

VP of Operations
Title
01/25/2019 630-338-8378
Date Phone Number

Date: 02/17/2020

Quality Bakeries LLC, dba Burry® Foods
1750 E. Main St, Suite 280, St. Charles, IL 60174
(800) 774-4406 • www.BurryFoods.com