



30003

English Muffin 100% Whole Wheat, Clean, Forksplit, 12/6 Packs, 72/2 oz

Burry



GTIN	Item #	Units/Case	Gross Case Wt. (lbs)	Net Case Wt. (lbs)	Case Length (in.)	Case Width (in.)	Case Height (in.)	Case Cube	Pallet Ti/Hi	Cases/Pallet
10823056300033			9.80	9.00	15.25	10.75	7.75			
UPC	30003	72	Gross Unit Wt. (oz)	Net Unit Wt. (oz)	Unit Length (in.)	Unit Width (in.)	Unit Height (in.)	0.74	10 x 9	90
N/A			2.00	N/A	3.50	3.50	1.00			

Kosher Symbol: K of K

Ambient Shelf Life: 6
(days in package)

Frozen Shelf Life: 9
(months)

Storage: Frozen at 0 to -10 F

Case Code Designation: Julian

Unit Code Designation: N/A

Country of Origin: USA

Ingredient Statement

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, YEAST, DEGERMINATED YELLOW CORN MEAL, DEGERMINATED YELLOW CORN FLOUR, WHEAT GLUTEN, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SUGAR, CULTURED WHEAT FLOUR, SOYBEAN OIL, SALT, VINEGAR, CITRIC ACID, WHEAT FLOUR, ENZYMES, ASCORBIC ACID (DOUGH CONDITIONER), CALCIUM CITRATE.

CONTAINS: Wheat and Soy

PROCESSED IN A FACILITY THAT ALSO PROCESSES: Milk, Egg

Product Features: Clean Ingredient Label, Forksplit, 100% Whole Wheat, No HFCS, Nut Free, 0 Grams Trans Fat, No Cholesterol, A Good Source of Fiber and Thiamin

Preparation Instructions: Thaw and Serve

oz Equivalents: 2
(based on baked wt.)

Grams of Whole Grain: 28

Date: 01/23/2019

Nutrition Facts	
72 servings per container	
Serving size 1 Muffin (61 Grams)	
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 25g	9%
Dietary Fiber 3g	12%
Total Sugar 1g	
Includes 1g Added Sugars	%
Protein 6g	
Vitamin A mcg	%
Calcium 70mg	6%
Iron 1.2mg	6%
Potassium 130mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

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