



30006

**English Muffin, Plain, Clean,
Forksplitted, 6/8 Packs, 48/3 oz
Burry**



GTIN	Item #	Units/Case	Gross Case Wt. (lbs)	Net Case Wt. (lbs)	Case Length (in.)	Case Width (in.)	Case Height (in.)	Case Cube	Pallet Ti/Hi	Cases/ Pallet
10823056300064			10.00	9.00	17.63	9.25	7.88			
UPC	30006	48	Gross Unit Wt. (oz)	Net Unit Wt. (oz)	Unit Length (in.)	Unit Width (in.)	Unit Height (in.)	0.74	10 x 8	80
N/A			3.00	N/A	4.13	4.13	1.25			

Kosher Symbol: OU

Ambient Shelf Life: 6
(days in package)

Frozen Shelf Life: 15
(months)

Storage: Frozen at 0 to -10 F

Case Code Designation: Julian (YJJJ)

Unit Code Designation: N/A

Country of Origin: USA

Ingredient Statement

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Contains Less Than 2% Of: Wheat Flour, Cultured Wheat Flour, Degermed Yellow Corn Flour, Degermed Yellow Cornmeal, Fumaric Acid, Ascorbic Acid, Enzymes, Salt, Soybean Oil, Wheat Gluten.

CONTAINS: Wheat.

FACILITY STATEMENT: Processed In A Facility That Also Processes Eggs, Milk, & Soy.

Product Features: Clean Ingredient Label, Forksplitted, No HFCS, Low Fat, 0g Trans Fat, Cholesterol Free, Saturated Fat Free, Sandwich Size.

Preparation Instructions: Thaw and Serve.

oz Equivalents: 3
(based on baked wt.)

Grams of Whole Grain: N/A

Date: 07/19/2021

Nutrition Facts	
8 servings per container	
Serving size	1 Muffin (85g)
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	14%
Total Carbohydrate 36g	13%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 7g	
Vitamin D 1mcg	6%
Calcium 10mg	0%
Iron 2mg	10%
Potassium 60mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Quality Bakeries LLC, dba Burry® Foods
1750 E. Main St, Suite 280, St. Charles, IL 60174
(800) 774-4406 • www.BurryFoods.com



30006

**English Muffin, Plain, Clean,
Forksplitt, 6/8 Packs, 48/3 oz**
Burry

100g Analysis

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Basic Components			Vitamin D - IU (IU)	20.99	24.69
Calories (kcal)	189.55	222.99	Vitamin D - mcg (mcg)	0.52	0.61
Calories from SatFat (kcal)	1.94	2.28	Vitamin E - Alpha-Toco (mg)	0.00	0.00
Protein (g)	6.76	7.95	Folic Acid (mcg)	68.82	80.97
Carbohydrates (g)	36.43	42.86	Folate, DFE (mcg DFE)	131.56	154.78
Dietary Fiber (2016) (g)	1.23	1.44	Vitamin K (mcg)	0.13	0.16
Soluble Fiber (2016) (g)	0.45	0.52	Pantothenic Acid (mg)	0.20	0.24
Insoluble Fiber (2016) (g)	0.63	0.74	Minerals		
Total Sugars (g)	2.35	2.77	Calcium (mg)	10.32	12.14
Added Sugar (g)	2.19	2.58	Chloride (mg)	--	--
Fat (g)	1.34	1.58	Chromium (mcg)	--	--
Saturated Fat (g)	0.22	0.25	Copper (mg)	0.09	0.10
Mono Fat (g)	0.21	0.24	Fluoride (mg)	0.03	0.04
Poly Fat (g)	0.67	0.79	Iodine (mcg)	0	0
Trans Fatty Acid (g)	0.01	0.01	Iron (mg)	2.09	2.46
Cholesterol (mg)	0	0	Magnesium (mg)	13.37	15.72
Vitamins			Manganese (mg)	0.38	0.45
Vitamin A - RAE (mcg)	0.05	0.06	Molybdenum (mcg)	--	--
Beta-Carotene (mcg)	0.90	1.06	Potassium (mg)	59.58	70.09
Vitamin B1 (mg)	0.44	0.52	Selenium (mcg)	17.71	20.84
Vitamin B2 (mg)	0.25	0.30	Sodium (mg)	329.16	387.25
Vitamin B3 - Niacin Equiv (mg)	3.65	4.29	Zinc (mg)	0.48	0.56
Vitamin B6 (mg)	0.02	0.03	Other Nutrients		
Vitamin B12 (mcg)	0.01	0.01	Sugar Alcohol (g)	0	0
Biotin (mcg)	0	0	Choline (mg)	0.04	0.05
Vitamin C (mg)	0	0			

Date: 04/03/2020

Quality Bakeries LLC, dba Burry® Foods
1750 E. Main St, Suite 280, St. Charles, IL 60174
(800) 774-4406 • www.BurryFoods.com